#### CURRICULUM VITAE

## SAVANNAH L. BROWN, PH.D.

The Birmingham Psychology Group 400 Vestavia Parkway – Suite 101 Birmingham, AL 35216 Phone: (205) 822-7348

#### **EDUCATION**

University of Alabama, Tuscaloosa, AL

**August 2023** 

**Doctoral Degree in Clinical Child Psychology**, Minor Specialization in Child and Adolescent Forensic Psychology

Dissertation: Exploring the Relationships Between Attention-Deficit/Hyperactivity Disorder Symptom Domains and Treatment Outcomes in the Coping Power Program Advisor: Matthew A. Jarrett

University of Alabama, Tuscaloosa, AL

**August 2019** 

Master of Arts in Psychology

*Thesis:* The Effect of Executive Function Deficits on Treatment Response in Children with Oppositional Defiant Disorder

Advisor: Matthew A. Jarrett, Ph.D.

University of Miami, Coral Gables, FL

May 2015

**Bachelor of Arts in Psychology**, Criminology minor Cumulative **GPA: 3.94**; Magna Cum Laude with Honors

## **CLINICAL EXPERIENCE**

07/22 – 07/23; **Pre-doctoral Internship,** University of Alabama at Birmingham Psychology Training Consortium – Clinical Child and Pediatric Psychology Program *University of Alabama at Birmingham, Birmingham, AL*<u>Supervisors</u>: John Houser, Ph.D., Kristy Domnanovich, Ph.D., Megan Hays, Ph.D., Sarah O'Kelley, Ph.D., Daniel Marullo, Ph.D., Arista Rayfield Ph.D.

<u>Responsibilities</u>: Conducted comprehensive psychological (including cognitive, developmental, and behavioral assessments) evaluations with infants, children, and adolescents and compiled results in integrated reports; conducted neurobehavioral intakes and provided consultation services and brief psychological interventions to adults with medical trauma, spinal cord injuries, and traumatic brain injuries in an inpatient setting; provided group therapy to young adults with autism and families using an empirically supported intervention (PEERS); conducted autism evaluations, including learning to administer the Autism Diagnostic Observation Schedule (ADOS), for pre-school and school-aged children and composed integrated reports with the findings;

attended staffing meetings in both inpatient and outpatient settings to discuss evaluation results across multiple disciplines (physicians, occupational therapy, physical therapy, audiology, speech/language pathology, nursing, social work) and formulated recommendations based on a collection of the findings; attended didactic seminars, lectures, and supervision meetings weekly.

08/18 – 08/19; **Therapist,** Autism Transition and Support Program

08/21 – 05/22 University of Alabama, Tuscaloosa, AL

<u>Supervisor</u>: Laura Stoppelbein, Ph.D. Responsibilities: Provided individual

Responsibilities: Provided individual therapy to college students with autism spectrum disorder (ASD) focusing on social skills, academic success, and daily living skills; organization; managing emotions and behavior; and symptoms of anxiety and depression; attended and facilitate group social events focused on fostering friendships and the development of effective social skills with college students with ASD; developed treatment plans and maintained progress notes; participated weekly in group supervision meetings regarding case conceptualization and treatment planning

05/21–09/21 **Assessor,** Forensic Assessment, Research, and Evaluation Program *Taylor Hardin Secure Medical Facility, Tuscaloosa, AL* Supervisor: Lauren Kois, Ph.D.

<u>Responsibilities</u>: Administered a neuropsychological battery to individuals undergoing competency restoration; gained experience working with a forensic setting and individuals with severe mental illness; participated in supervision with an interdisciplinary team of professionals in forensic settings

08/19 - 08/21**Advanced Child Practicum Therapist,** The Psychology Clinic Department of Psychology, University of Alabama, Tuscaloosa, AL Supervisors: Susan White, Ph.D. and Matthew A. Jarrett, Ph.D. Responsibilities: Provided individual therapy for advanced clinical child cases; developed and implemented treatment plans incorporating principles from Defiant Children (Barkley's parent training manual), The Kazdin Method, Modular Cognitive-Behavioral Therapy by Bruce Chorpita, and Coping Cat by Phillip Kendall; guided parents through the creation and use of visual schedules, fear hierarchies, and reward systems; collaborated within vertical team (i.e., third through fifth year advanced child practicum students and faculty member) group supervision weekly regarding case conceptualization and treatment planning; utilized video review of sessions to facilitate case discussion, encouraged clinician feedback and contributed to clinician growth through the consideration of alternative therapeutic responses. Between August 2019 and May 2020, engaged in weekly didactics to discuss relevant clinical research,

05/20 – 08/21 **Advanced Child Practicum Peer Consultant,** The Psychology Clinic *Department of Psychology, University of Alabama, Tuscaloosa, AL* <u>Supervisor</u>: Matthew Jarrett, Ph.D.

evidence-based child therapy techniques, and other treatment resources

Responsibilities: Provided weekly individual peer consultation to advanced child practicum students to assist with case conceptualization, treatment planning (e.g., preparing for termination), and professional development (e.g., discussing areas of continued growth); attended weekly meetings with supervisor and another peer consultant to discuss the progress of practicum students' cases and their development as clinicians

05/20 – 08/21 **Assessor,** University of Alabama Psychology Clinic

Supervisor: Crystal Dillard, Ph.D.

Responsibilities: Conducted psychodiagnostic evaluations with university students, children, and adults from the community; scored and interpreted evaluation results in the form of comprehensive psychological reports; consulted weekly with supervisor regarding case formulation and diagnostic impressions; participated in monthly didactic meetings with colleagues; conducted comprehensive psychological evaluations with incarcerated youth in a forensic setting

05/19 – 05/20 **Assessor,** Short-Term Treatment and Evaluation Program

Brewer-Porch Children's Center, Tuscaloosa, AL

Supervisor: Ross Grimes, Ph.D.

Responsibilities: Conducted psychodiagnostic evaluations with inpatient child and adolescent clients; scored and interpreted evaluation results in the form of comprehensive psychological reports; provided individual and group therapy to inpatient child and adolescent clients; participated in weekly multi-disciplinary treatment team (psychiatry, clinical psychology, counseling, social work, nursing) meetings to inform case conceptualization for medication management and treatment planning; consulted weekly with supervisor and communicate regularly with mental health workers and direct care staff (e.g., special education teacher, intake coordinator, and licensed counselor) regarding case formulation and diagnostic impressions

## 12/19 – 06/20 **Consultant/Assessor**, ADHD Clinic

University Medical Center – Pediatrics Clinic, Tuscaloosa, AL Supervisors: Susan White, Ph.D., Brian Gannon, M.D., and Sara Phillips, M.D. Responsibilities: Conducted patient medication management follow-up visits, consulting with physicians regarding treatment options and medication adjustments; completed ADHD psychodiagnostic evaluations with children; collaborated with supervisors and multi-disciplinary team (e.g., students within school psychology students, medicine, and social work) in developing diagnostic impressions and recommendations; scored and interpreted results from abbreviated intellectual functioning and academic achievement measures; integrated testing scores, information from the clinical interview, as well as parent and teacher ratings into a comprehensive report, also providing assessment feedback to families

08/19 – 12/19 Therapist and Assessor, Autism Spectrum Disorders Clinic

University of Alabama, Tuscaloosa, AL

Supervisor: Laura Stoppelbein, Ph.D.

Responsibilities: Conducted cognitive assessments with children with autism; aided in the administration of the Autism Diagnostic Observation Schedule (ADOS); utilized visual supports and social imitation in therapy with a adolescent diagnosed with Autism; participated in weekly group supervision to guide case conceptualization and treatment planning; connected family with community resources for children with ASD and developmental disabilities

## 08/18 – 08/19 **Therapist,** The Psychology Clinic

Department of Psychology, University of Alabama, Tuscaloosa, AL Supervisor: Sara Stromeyer, Ph.D.

Responsibilities: Provided individual therapy to child, adolescent, and adult clients; participated weekly in group, peer, and individual supervision regarding case conceptualization and treatment planning; conducted structured phone intake interviews with individuals of all ages interested in receiving therapy services; completed a case conceptualization presentation on a long-term child therapy client

# Fall 2018 **Mindfulness Group Leader,** The Psychology Clinic

Department of Psychology, University of Alabama, Tuscaloosa, AL Supervisor: Matthew Jarrett, Ph.D.

<u>Responsibilities</u>: Led 8-week mindfulness group with college students guided by Lidia Zylowska's "Mindfulness Prescription for Adult ADHD;" responsible for scheduling participants for pre- and post- intervention visits; trained graduate student research assistants on study protocol to perform screening assessments for group

### 08/15 – 07/17 Anxiety & Behavioral Health Clinic

Department of Psychology, Florida State University, Tallahassee, FL Supervisor: Norman B. Schmidt, Ph.D.

Responsibilities: Conducted neurophysiology assessments with clinical population; conducted screening interviews over the phone to determine eligibility for clinic services; completed suicide risk assessments; administered diagnostic interviews for potential clients and research participants using the Structured Clinical Interview for DSM-5 Axis I Disorders (SCID); attended weekly supervision meetings

## 06/15 – 08/15 Summer Treatment Program Counselor

Center for Children and Families, Florida International University, Miami, FL Supervisor: William E. Pelham, Ph.D.

<u>Responsibilities</u>: Delivered evidence-based treatment components to children with behavioral, emotional, and learning problems; assisted with daily social skill training sessions; conducted problem solving discussions; reinforced appropriate behaviors; implemented daily report cards and individualized treatment programs targeting child's specific needs

#### RESEARCH EXPERIENCE

## 08/17 – 08/18 Graduate Research Assistant

Department of Psychology, University of Alabama, Tuscaloosa, AL ADHD and Anxiety Lab

Supervisor: Matthew Jarrett, Ph.D.

<u>Responsibilities</u>: Worked on Attention-Deficit/Hyperactivity Disorder (ADHD) & and Mindfulness study; administered the Adult Interview and a series of neuropsychological tests (CPT-II, Visuospatial Working Memory Task, and Phonological Working Memory Task) to college age students; converted questionnaires into Qualtrics versions and created SPSS file for data entry

### 08/15 - 07/17 Full-Time Research Assistant

Department of Psychology, Florida State University, Tallahassee, FL Anxiety and Behavioral Health Clinic

Supervisor: Norman B. Schmidt, Ph.D.

Responsibilities: Conducted telephone screens to determine psychopathology in potential clients and research participants; administered suicide risk assessment protocol; scheduled diagnostic interviews at clinic; entered and maintained clinic databases using Excel and SPSS; collected and analyzed psychophysiological data for an anxiety-based suicide prevention treatment funded by the Military Suicide Research Consortium; administered research protocol to participants; managed data entry and data cleaning utilizing SPSS; wrote syntax for data analysis, supervised undergraduate students working in the laboratory

## 06/15 – 08/15 Summer Treatment Program Counselor

Center for Children and Families, Florida International University, Miami, FL Supervisor: William E. Pelham, Ph.D.

<u>Responsibilities</u>: Recorded children's positive and negative behaviors based on a standardized point system; summarized daily point sheets and entered data into program database; completed rating scales regarding children's progress and response to treatment

### 08/13 – 05/15 **Research Assistant,** Independent Study

Department of Psychology, University of Miami, Coral Gables, FL

Program for Anxiety, Stress, and OCD

Supervisor: Kiara R. Timpano, Ph.D.

<u>Responsibilities</u>: Conducted individual and group psychological research in the fields of anxiety, stress, and OCD; recruited and worked with a clinical population; managed the biblio-based self-help group for hoarding; compiled a master database for the seven self-help groups run within the laboratory; analyzed data using SPSS and Excel; advanced participant involvement in the lab; trained laboratory members on lab protocols

## 08/14 - 04/15 **Senior Honors Thesis**

Department of Psychology, University of Miami, Coral Gables, FL Supervisor: Kiara R. Timpano, Ph.D.

<u>Responsibilities</u>: Proposed original topic on the mood and anxiety symptoms and their association with hoarding behaviors; completed and successfully defended thesis

05/14 – 07/14 Researcher, Psychology Research Initiatives

Department of Psychology, University of Miami, Coral Gables, FL

Supervisor: Kiara R. Timpano, Ph.D.

Responsibilities: Examined mood and anxiety symptoms and their association with hoarding; participated in weekly seminars regarding research projects, ethics and protocol, and post-graduation plans; presented research findings upon completion of the program

### PUBLICATIONS IN PEER-REVIEWED JOURNALS

- 1. Ferretti, N. M., **King, S. L.,** Hilton, D. C., Rondon, A. T., Jarrett, M. A. (2019). Social functioning in youth with attention-deficit/hyperactivity disorder and sluggish cognitive tempo. *Yale Journal of Biology and Medicine*.
- Oglesby, M.E., Stentz, L.A., Portero, A.K., King, S.L., & Schmidt, N.B. (2019). Exaggerated interpretation bias for uncertain information as a predictor of anxiety-related symptoms:

   A new method of assessment for IU. *Journal of Behavior Therapy and Experimental Psychiatry*
- 3. Boffa, J. W., **King, S. L.**, Turecki, G., & Schmidt, N. B. (2018). Investigating the role of hopelessness in the relationship between PTSD symptom change and suicidality. *Journal of affective disorders*, 225, 298-301.
- 4. Short, N. A., Boffa, J. W., **King, S.**, Albanese, B. J., Allan, N. P., & Schmidt, N. B. (2017). A randomized clinical trial examining the effects of an anxiety sensitivity intervention on insomnia symptoms: Replication and extension. *Behaviour Research and Therapy*, 99, 108-116.
- 5. Mathes, B. M., Portero, A. K., Gibby, B. A., **King, S. L.**, Raines, A. M., & Schmidt, N. B. (2017). Interpersonal trauma and hoarding: the mediating role of aggression. *Journal of affective disorders*, 227, 512-516.

### MANUSCRIPTS UNDER REVIEW

1. Jarrett, M. A., Hilton, D. C., Rondon, A. T., **King, S. L.**, Ferretti, N. M., & Becker, S. P. (2018). Mindfulness intervention for college students with ADHD: Unique effects on sluggish cognitive tempo (SCT) symptoms. Manuscript submitted for publication.

#### **MANUSCRIPTS IN PREPARATION**

1. Wilhelm, R., Gable, P., Jarrett, M. A., Ferretti, N. M., & **King, S. L**. (in preparation). Frontal EEG asymmetry and its associations with sluggish cognitive tempo and attention-deficit/hyperactivity disorder symptoms.

2. Hilton, D. C., Jarrett, M. A., Ferretti, N. M., & **King, S. L.** (in preparation). ADHD symptoms mediate the relation between executive function (EF) and specific social skills outcomes: A parallel mediation analysis.

## **POSTER PRESENTATIONS**

- 1. **King, S. L.**, & Jarrett, M. A. (November, 2021). *Examining the Main and Interactive Effects of Psychopathic Traits and ADHD Symptoms on Substance Abuse in College Students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans L.A.
- 2. **King, S. L.,** Greenberg, N. M., & Jarrett, M. A. (November, 2020). *Sluggish Cognitive Tempo, ADHD, and Depression Symptoms as Predictors of Substance Abuse.* Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 3. Greenberg, N. F., **King, S. L.,** Becker, S. P., Kofler, M. J., Burns, G. L., Luebbe, A. M., & Jarrett, M. A. (November, 2020). *Do ADHD and Sluggish Cognitive Tempo Symptoms Uniquely Predict Friendship Features?*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 4. Ferretti, N. M., Jarrett, M. A., McDonald, K. L., **King, S. L.**, & Rubin, K. H. (March, 2020). *Friendship quality over time: The role of ADHD symptoms*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference Cancelled).
- **5. King, S. L.,** Ferretti, N. M., Jarrett, M. A., & Ollendick, T. H. (November, 2019). *The Effect of Executive Function Deficits on Treatment Response in Children with Oppositional Defiant Disorder*. Poster accepted for presentation at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- 6. Hilton, D. C., Jarrett, M. A., Ferretti, N. M., & **King, S. L**. (November, 2019). *ADHD* symptoms mediate the relation between executive function (EF) and specific social skills outcomes: A parallel mediation analysis. Poster accepted for presentation at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- 7. **King, S. L.,** Ferretti, N. M., Jarrett, M. A., & Ollendick, T. H. (November, 2018). *The Role of Inattention in the Relationship Between Executive Function and Externalizing Problems.*Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- 8. Ferretti, N. M., **King, S. L.,** Jarrett, M. A., Ollendick, T. H. (November, 2018). *Attention problems as a mediator in the relation between executive function and social skills.*Poster accepted for presentation at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

- 9. Oglesby, M. E., **King, S. L.,** & Schmidt, N. B. (April, 2018). *Exaggerated Interpretation Bias for Uncertainty: A Measure of Intolerance of Uncertainty Beyond Self-Report.* Poster presented at the annual Anxiety and Depression Association of America, Washington, D.C.
- 10. Portero, A. K., Mathes, B. M., **King, S. L.**, Stentz, L. A., & Schmidt, N. B. (April, 2017). *Sleep difficulties and OC symptoms: The mediating role of distress intolerance*. Poster presented at the annual Anxiety and Depression Association of America, San Francisco, CA.
- 11. **King, S. L.**, Short, N. A., Schmidt, N. B. (October, 2016). *Effects of a Brief Anxiety Intervention on PTSD Symptoms and Aggression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 12. Albanese, B. J., Allan, N. P., Macatee, R. J., Fuller, K. F., **King S. L.**, & Schmidt, N. B. (October, 2016). *Interactive effects of Attention Control and Anxiety Sensitivity on PTSD Symptoms: Evidence for a dual-process model*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 13. **King, S. L.**, Carbonella, J. Y., Timpano, K. R. (April, 2015). *Mood and Anxiety Symptoms and their Associations with Hoarding Behaviors*. Poster presented at Research, Creativity, Innovation Forum, Miami, FL.

### PROFESSIONAL SYMPOSIA

- 1. Oglesby, M. E., Stentz, L. A., Portero, A. K., **King, S. L.**, & Schmidt, N. B. (November, 2018). *Exaggerated interpretation bias for uncertain information as a predictor of obsessive-compulsive symptoms*. In A.M. Raines (chair), Novel approaches to understanding and treating obsessive-compulsive disorder. Symposia presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington D.C.
- 2. Jarrett, M. A., Hilton, D. C., Rondon, A. T., Becker, S. P., **King, S. L.,** & Ferretti, N. M. (July, 2018). *Mindfulness intervention for college students with ADHD: Unique effect on sluggish cognitive tempo (SCT) symptoms*. Paper presented in symposium at the 25th biennial meeting of the International Society for the Study of Behavioural Development. Gold Coast, Australia.

# **SUPERVISOR POSITIONS**

#### 08/20 - 08/31 **Peer Consultant**

Department of Psychology, The University of Alabama, Tuscaloosa, AL Supervisor: Matthew Jarrett, Ph.D.

<u>Responsibilities</u>: Supervised a junior peer as they performed clinical activities and saw clients through an advanced practicum team; met once weekly to discuss case status, treatment planning, case conceptualization, development of competencies, and monitor therapist and client progress

## 08/15 – 07/17 Undergraduate Research Assistant Supervisor

Department of Psychology, The Florida State University, Tallahassee, FL Supervisor: Norman B. Schmidt, Ph.D.

<u>Responsibilities</u>: Supervised approximately 10 undergraduate students per semester assisting with research duties; trained students on lab protocols including data entry and experimental procedures.

## TEACHING EXPERIENCE

## **Instructor of Record** PY 101: Introduction to Psychology – The University of Alabama Fall 2019 **Guest Lectures** PY 376: Behavioral Medicine – The University of Alabama Spring 2019 **Teaching Assistantships** PY 372: Social Psychology – The University of Alabama Spring 2022 PY 358: Abnormal Psychology – The University of Alabama Fall 2021 PY 461: Child Psychology – The University of Alabama Spring 2019 PY 101: Introduction to Psychology – The University of Alabama Spring 2018 PY 609: Psychological Assessment – The University of Alabama Fall 2018

## RELEVANT TRAININGS AND WORKSHOPS

# Substance Abuse and Mental Health Services Administration (SAMHSA) Trauma Informed Care Training (September 2021)

Presented by Connie Milligan, LCS and Amelia Allen, M.S.

The University of Alabama, Tuscaloosa, AL

# **Crisis Intervention Training** (September 2021)

Presented by Lauren Kois, Ph.D. and The Tuscaloosa Police Department The University of Alabama, Tuscaloosa, AL

## **Interpersonal Psychotherapy Workshop** (April, 2021)

Presented by Mary Jacobs Dodson, Ph.D. The University of Alabama, Tuscaloosa, AL

## **Telebehavioral Health Institute (TBHI) COVID-19 Telehealth Best Practices (April 2020)**

## **APA Telepsychology Best Practices 101 Series** (April 2020)

# Suicide Assessment & Intervention: Clinical, Ethical, & Risk Management Issues (January 2019)

Presented by Clayton Shealy, Ph.D., Department of Psychology The University of Alabama, Tuscaloosa, AL

#### PROFESSIONAL ACTIVITIES

# Ad Hoc Journal Reviewer (year completed in parentheses)

Personality and Individual Differences (2016) Journal of Abnormal Child Psychology (2018)

**Student Member,** Association for Behavioral and Cognitive Therapies

2017-Present

### HONORS AND ACTIVITIES

- Research and Travel Award Recipient

  The University of Alabama Graduate School (2017-2021)
- Phi Beta Kappa Honor Society
- Honors in Psychology, University of Miami
- Alpha Lambda Delta Honors Fraternity
- Gamma Sigma Alpha National Greek Academic Honor Society
- Alpha Delta Pi Sorority

## **SKILLS**

- Basic Spanish
- Proficient in Microsoft Office
- SPSS, EndNote, and Qualtrics
- Neuroscan
- Mindlinc

REFERENCES AVAILABLE UPON REQUEST